

Stay Fueled During Art Basel

Written by Geoffrey Anderson Jr. and Dianne Rubin, BT Contributors
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Food news we know you can use



Art Basel is upon us, and that can only mean two things: gallery events galore and horrendous traffic. While Miami Beach has its fair share of art events for the big weekend, we expect most of the action to happen on the mainland: Art Miami, CONTEXT, Spectrum, and other annual favorites have set up shop in downtown Miami and the Arts & Entertainment district to welcome thousands of art enthusiasts.

With so many events and fairs happening, you can expect to be out all day (and all night). You're also bound to get hungry. Thankfully, these neighborhoods and their surrounding areas have more than enough dining options to keep you fueled.

At Avant Gallery in downtown, you can admire an assortment of contemporary art that oozes with personality while also enjoying a satisfying meal at **LaMuse Café** (270 Biscayne Blvd. Way, 305-400-0036). Perfect for a quick breakfast or lunch, the European-inspired eatery features hearty croissant subs, generous tartines, and a bevy of sandwiches and salads. A few Metromover stops away,

180 Degrees at the DRB

(501 NE 1st Ave., 305-809-7564) offers a casual respite from the hustle and bustle of Basel. Throw back a craft beer or scarf down the restaurant's signature 50/50 burger, which combines chorizo, prime beef, fried cheese, plantains, and a fried egg for a monstrous -- and memorable -- bite.

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Although Art Miami and CONTEXT are no longer taking place around Midtown and Wynwood, the areas still have a lot to offer in terms of galleries and parties. You could even spend your day just looking at the new street murals if you wanted to. Whatever your plans are in the area, make sure they include **Three** (50 NW 24th St., 305-748-4540). The new Norman Van Aken restaurant/cooking school has opened inside the Wynwood Arcade, and its rotating tasting menu is not to be missed. No time for dinner? Go upstairs to its sister bar,

No. 3 Social

(50 NW 24th St., 305-748-4540), for a delicious libation, a few bar snacks, and a beautiful rooftop view.

KYU (251 NW 25th St., 786-577-0150), the James Beard-nominated Asian establishment from Zuma alums, is another spot worthy of your Art Basel budget. The place is always slammed, and understandably so -- the burrata, crab buns, and Korean fried chicken have converted many a customer into a regular (including us). Your best bet is to arrive right when they open for service or grab a seat at the bar, where the full menu is still available.

It's easy to get overwhelmed with Basel -- so much so that you forget to eat. If caffeine is the only fuel you find yourself needing, then **Vice City Bean** (1657 N. Miami Ave., 305-726-8031) has you covered. Located around the corner or a few blocks from the above art fairs, the coffee joint serves up Madcap (Grand Rapids) and Four Barrel (San Francisco) brews to keep you going, along with some grab-and-go grub for the road.

OPENINGS

Miami's ever-growing dining scene has a few new additions worth checking out during Basel (or a less crowded time). **Nusr-Et** (999 Brickell Ave., 305-415-9990), the steakhouse from Internet sensation Salt Bae, is officially open for business in Brickell. As fans of his videos would expect, Salt Bae's menu leans heavily on meats like sliced beef, lamb racks, and sausage, and the viral star himself has been seen sprinkling salt on his dishes tableside.

Three isn't the only recent addition in Wynwood. The former Cake Thai space has a fresh coat of a paint and a new tenant: **Palmar** (180 NW 29th St., 305-542-0532). It joins Blackbrick as

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one of the few Chinese options in the area. The menu is a work in progress, but for now, guests can chow down on dim sum, fried rice, and other Chinese dishes you'd usually expect.

Up in Buena Vista, **La Piazzetta** (5143 NE 2nd Ave., 786-409-3693) has been cranking out Neapolitan pies and wooing diners with live music. Pizza lovers will find no shortage of their favorite food: More than 20 varieties are available on the menu at this new and inviting Italian restaurant. Paninis and salads are sold, too, if you're not in the mood for pizza.

Geoffrey Anderson Jr. and Dianne Rubin are co-founders of Miami Food Pug, an award-winning South Florida food blog that fuses the couple's love of dogs and food.

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