

Sales, special events, and more from the people who make Biscayne Times possible



t year's end, we measure our success with our ability to be charitable. Hopefully, 2019 has been a great year for all our readers.

Give Miami Day 2019 is almost here! On November 21, the Miami Foundation hosts one of the largest philanthropic events in the nation. The 24-hour online giving campaign makes it easy for everyone to donate to their favorite local charities in one transaction. Besides the direct funding, nonprofits are also eligible for matching monies, bonus pools, and other prizes. The hard part? Picking your nonprofits... Visit the website (www.givemiamiday.org) early to find your favorites or to research new causes. Since 2012, Give Miami Day has raised more than \$47 million.

One of the organizations listed with Give Miami Day is the **Phillip and Patricia Frost Museum of Science** (1101 Biscayne Blvd., 305-434-9600). Your support helps the museum connect with people of all ages and backgrounds, but what about you? On November 11, consider joining NASA scientist Brian Day and Jet Propulsion Lab scientist Emily Law to observe Mercury's transit of the sun. For several hours on that Monday, Mercury will be directly between the sun and Earth. The rare show will be broadcast live from a telescope on the roof of the Frost. Between 9:30 a.m. and 1:30 p.m., there will be special presentations and discussions about Mercury and missions to the planet. Psst, members enter a half hour before the general public.

Nearby at **Bayside Marketplace** (401 Biscayne Blvd., 305-577-3344), September's Sounds of Bayside contest has been fruitful, with a number of new and exciting artists joining the daily lineup. While you enjoy a mojito with your free music, consider participating in the market's annual Holiday Toy Drive, now in its ninth year. Drop off a toy at Tradewinds Restaurant, Bubba Gump, Designer Sunglasses, Lombardi's Restaurant, and at the Bayside Marketplace management or garage offices, and Santa will deliver it to a needy child right here in

Miami-Dade.

On Thursday, November 7, the **Institute of Contemporary Art Miami** (61 NE 41st St., 305-901-5272) opens the first comprehensive museum survey for renowned American/Dutch artist Sterling Ruby, featuring an array of works created in various media: from iconic ceramics and paintings to lesser-known drawings and installations. Admission is free with your RSVP.

Among the many fine shows this month at the **Aventura Arts and Cultural Center** (3385 NE 188th St., 877-311-7469) is the 10th annual Young Stars Showcase presented by the Aventura Marketing Council. These exceptional singers, ages 10-17, are gathered from all over South Florida to display their talents. The show begins at 5:00 p.m. Sunday, November 10. Tickets are \$25-\$50. Proceeds will benefit the AMC Education Foundation.

Get ready for Latin jazz on December 8, when **Martha/Mary Concerts** (305-458-0111, www.marthamaryconcerts.org) presents Grammy-winner Nestor Torres at this year's Holiday Concert on December 8. This show may not be the most conventionally American holiday sampling you'll enjoy, but Nestor will be exceptional, as always. Daniella Mass, an *America's Got Talent* favorite, will open the show with versions of holiday music and more. Expect the traditional caroling and kosher Christmas cookies! Tickets range from \$15 to \$25. The 3:00 p.m. concert takes place at the Corpus Christi Church (3220 NW 7th Ave.). Free onsite parking is available.

Although Thanksgiving may seem a bit early to discuss the 2020-21 school year, the time is actually perfect. On Saturday, November 23, **Monsignor Edward Pace High School** (15600 NW 32nd Ave., 305-623-PACE) is holding an open house to introduce prospective students and parents to all the school has to offer. Meet faculty, administration, alumni, and current students while touring the campus. Your child will also get a feel for all the extracurricular activities with representatives from the athletic teams, club organizations, and honor societies. There are even performances from the dance and cheerleading teams. Reserve a spot at either 8:30 or 10:30 a.m. sessions. Breakfast will be served.

Returning advertiser **Cushman School** (4700 Biscayne Blvd., 305-757-1966) is also holding an open house at its high school campus this month, on November 14 at 6:30 p.m. Parents can learn about the 95-year-old school's unique culture, always placing the students first, and for its ability to provide exceptional age-appropriate academics in all divisions. As well as offering a rigorous college-bound curriculum, the relatively new high school encourages students to be

well-rounded model citizens through its numerous programs and extracurricular activities. Call for more info.

With the holidays here, Mark Soyka's **Café Roval** (5808 NE 4th Ct., 786-953-7850) will be a popular destination for locals wanting to impress their out-of-town friends and family. Needless to say, the fine food and tempting cocktails alone are worth the visit, but the unique coral rock architecture ensconced in a tropical garden catches everyone's eye. Ya know, happy hour, with \$7 cocktails, is from 5:00 to 7:00 p.m. daily. Just sayin'.

Please welcome **Amaranthine Mediterranean Bistro** (9801 NE 2nd Avenue, Miami Shores, 786-907-4924) to the pages of *Biscayne Times*

and to the blossoming Miami Shores business district. This new restaurant focuses on Greek foods as its epicenter of Mediterranean cuisine. Enjoy traditional dishes, such as moussaka, galaktoboureko, and skopelos, or expand your range to include the huevos fritos, croque madame, and even a succulent ribeye. This month Amaranthine offers an aperitivo between 4:00 and 7:00 p.m. on weekdays. Included are \$5 and \$6 wines, \$4 draft Estrella beer, \$7 selected cocktails, and complementary finger food, Italian style. More encouragement to wade in? Drop by on Wednesdays for the \$10 pasta special at dinner.

Although returning advertiser **Alaska Coffee Roasters** (786-332-4254) brews some of the best coffee in the world, in a town like Miami -- where you can get a thimbleful of caffeine on practically any street corner -- is there a good reason to make the trek to 13130 Biscayne Blvd.? You bet! Stop in or order one of their wood-fired pizzas, signature sandwiches and wraps, or a traditional breakfast. This month, a soup and salad lunch is only \$6! And don't forget Game Night Fridays (7:00-9:00 p.m.), when you can win trivia contests while enjoying happy-hour specials. Don't forget to try some of that spectacular coffee.

No matter how much coffee you can power down, it's one thing to dabble in baking a pumpkin pie for your family's Thanksgiving dinner; it's another to create unique cakes and treats to serve dozens. Welcome back Chef Jenny Rissone at **Pastry Is Art** (12591 Biscayne Blvd., 305-603-9340), who will design a specialty cake for any occasion you can think of celebrating. Add cupcakes, dessert shots, plated desserts, cakepops, and cookies to your cornucopia of confections, and be the talk of the party circuit. Keep in mind that she does catering, too. Enjoy mini sandwiches, cheese and fruit platters, mini empanadas, mini quiches, continental trays, and Cuban pastelitos at your next shindig.

However, if you insist on trying your hand with a homemade fruit tart, Art Friedrich at the **Legion Park Farmers Market**

(6601 Biscayne Blvd.) tells BizBuzz that we're having an early start to the local produce season, with a strong showing from dragonfruits and bignay berries. Arugula, bok choy, yuca, turnips, dandelion, and dill are also available. While other parts of the country are snowed in, our produce simply shines in the warmth of the sun. Enjoy it. Open every Saturday, from 9:00 a.m. to 2:00 p.m. Remember, too, that the last Saturday of the month is the Pallets in the Park program, when you can enjoy performances from local poets and musicians.

Sometimes improving your physique can't wait for a half-hearted New Year's resolution, so check out new advertiser **CykleJab** (575 NE 87th St., Miami Shores, 305-906-1444), where trainers guide you through a multifaceted attack on your muscles. Their high-performance stationary bikes mimic a real bike ride for a full body experience. Then focus on your upper body at the water-filled punching bags that are easier on hands and joints. And there's a weight-training segment using dumbbells, resistance bands, and body weight movements. You don't have to wear the optional fitness tracker during classes, but it helps the trainer keep up with your progress. The group classes are run in a nightclub-like atmosphere to really get your personal party started. Take advantage of the studio's "first class free" offer during November when you mention the

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With all those out-of-town friends and relatives visiting for the holidays, someone will eventually try to gift you their germs. **Medi-Station Urgent Care** (9600 NE 2nd Ave., Miami Shores, 305-603-7650) wholeheartedly suggests you get a quick flu shot beforehand, available seven days a week on a walk-in basis. Too late? Bring yourself and that ailing relative in for help alleviating the symptoms. Most insurance plans are accepted.

A cold that lasts for weeks might be allergies. Call the **Florida Center for Allergy and Asthma Care** (877-4-ALLERGY) if you suspect you're sensitive to an allergen. Besides sneezing, your symptoms may include itchiness, watery eyes, runny nose, rashes, hives, stomach cramps, vomiting, diarrhea, swelling, pain, redness, wheezing, light-headedness, and chest-tightening. There's an office nearby, anywhere in Miami-Dade. Call today and get some relief.

If you've waited until now to address your crooked teeth, nobody can promise you a straight set by New Year's Eve. However, Dr. Valeria Soltanik at **Soltanik Dental** (2999 NE 191st St., 305-466-2334) can manufacture a set of clear aligners -- in office -- that will be nearly invisible throughout the holidays. The best part is that the dentist is offering the treatment for only \$2800. Remember to mention

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when you make the appointment.

BizBuzz welcomes back Dr. Sydney Sher Segall at **Sher Dental** (12000 Biscayne Blvd. #130, 305-891-2444), who can fix any simple issue impacting your pearly whites before you bite into that sweet potato pie and cause more damage. Services include cleanings, veneers, bridges, braces, implants, cosmetic dentistry, gum surgery, and much more. Remember, a pretty smile involves more than just your teeth. Dr. Sher Segall offers Juvederm and Botox to beautify your entire expression, just in time for the holidays.

Need just a dental checkup? **José J. Alvarez & Associates** (3483 NE 163rd St., North Miami Beach, 305-224-6714) is offering one for only \$55 (new patients) that includes X-rays and thorough cleaning. The \$199 in-house Zoom Teeth Whitening service will brighten your smile noticeably in just one hour. Don't wait for December 31, though. Dr. José J. Alvarez is an award-winning graduate of the University of Pennsylvania, a cosmetic expert, and board-certified implantologist.

Every family has that one judgmental critic who makes everyone else feel that life's rich pageant is a beauty contest none can win. Go ahead and prove them wrong. Make an appointment with Hannah Lasky at **Hannah & Her Scissors** (6900 Biscayne Blvd., 305-772-8426) to get yourself a new 'do for review. Color, cut, and style. Whether or not you please that one relative is unimportant when you have a great new look to thrill everyone else, especially yourself, for all these upcoming holidays and get-togethers. ' *Do it!*

Retool your outfits, too, with a quick trip to **Swish Boutique** (771 NE 125th St. North Miami, 786-482-8780). Money disappears quickly this time of year, but the savvy know how to stretch a dollar at this exchange and resale boutique. Trade-ins receive 50% of the resale value in store credit. And students get a 15% discount on Saturdays with current school ID.

Do you have a hankering to refresh, renovate, or remodel your home? Consider guidance from a family of new advertisers in the Little River Design District. Begin the conversation at **Art & Home Gallery** (8363 NE 2nd Ave., 305-967-8511) to load up on fresh artwork, accessories, rugs, mirrors, and custom furniture. You'll also want lend a new look to every room with custom-made window coverings from **UrbanoShades**

next door (8361 NE 2nd Ave., 786-262-7675). Maybe you want to modify your kitchen or change up that Florida room. Call

Urbano Home

(305-479-6389) to inquire about estimates. They're across the street from the Citadel.

The hurricane season ends November 30, shortly after Thanksgiving Day. At press time, Miami-Dade managed to luck out again -- a great reason to be thankful this holiday season. Unfortunately, our neighbors in the Abacos and Grand Bahama did not. Besides direct charity, the **Islands of the Bahamas** ministry of tourism reminds us that the vast majority of tourist destinations are still operating, and a quick trip anywhere else in the chain will help with the long economic recovery ahead. It will also make for a great present to give a love one. Visit Bahamas.com for ideas, tips, and help with booking a visit.

Happy Thanksgiving from BizBuzz and *Biscayne Times*.

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